

# Hot Spinach Dip



**Servings:** 10 • **Serving Size:** 1/4 cup

## **Ingredients:**

- 10 oz frozen chopped spinach, thawed and excess liquid squeezed out
- 1/2 cup light sour cream
- 5 tbsp light mayonnaise
- 1/3 cup Parmigiano Reggiano
- 1/4 cup scallion, chopped
- 1 clove garlic, crushed
- 1 cup (4 oz) shredded part skim mozzarella cheese
- fresh pepper to taste

## **Directions:**

Preheat the oven to 375°F.

Combine all the ingredients in a medium bowl. Place in an oven-proof dish and bake at 375° for 20-25 minutes, until hot and cheese is melted. Serve right away.

Can be made one day in advance and stored in the refrigerator before baking. Makes about 2 1/2 cups.